

Foodbanks

Foodbanks started in Britain in 2000 to help people in food poverty. These people may be working or unemployed, in good health, sick or disabled. They might live alone or with a partner and have children.

90% of food donated to foodbanks are from the general public. The rest comes from businesses.

<https://www.youtube.com/watch?v=DNGRRrZEqhA>

<https://www.youtube.com/watch?v=Szt57hl82ps>

How can you help?



Robert May's School has supported local food banks by collecting food shortly before Christmas. We will collect food and toiletries for 2 weeks in our forms and this will then be sorted and divided up between 4 or 5 different food banks to help local people who are struggling.

You can bring general items of food, like tins of meat, fish, tinned vegetarian foods or toilet rolls, or collect Christmas items such as Christmas cake, tinned fruit or Christmas crackers to put towards Christmas hampers.

We keep a tally to see how much each form collects and which form collects the most.

THESE ARE THE ITEMS WE ARE RUNNING SHORT OF AT PRESENT:

Share the joy
of Christmas

Basingstoke
foodbank

THE BESOM

Make a Christmas Hamper for a local individual or family in need

Just cover a cardboard box with Christmas paper and fill it with all of the things that make Christmas special:

- Cake, ideally Christmas or yule log
- Pudding, ideally Christmas or a chocolate version
- Box mince pies, apple pies, etc
- Box of chocolates
- Box or nice packet of biscuits
- Hot drink, eg coffee, tea, hot chocolate
- Tinned meat, eg ham, chicken, mince, pork
- Tinned tuna
- Cooking sauce, eg curry sauce, pasta sauce
- Packet of seasonal, dried stuffing
- Tinned fruit
- Custard
- A nice jar of jam and/or pickle
- Toiletries
- Christmas Crackers



"Thank you so much you don't know how much this helps me. It's very unexpected. Bless you for your kindness".

"I cannot tell how grateful we are for this. Thank you to everyone involved."

We would also welcome contributions of food items for hampers.

Please bring your hamper or food items to us at:

- Festival Place (Upper Floor beside Next): 9am and 6pm on Monday to Saturday from 1st to 21st December,
- Basingstoke Foodbank, Tempus House (RG21 6XG): 10am-3pm on Monday to Friday from 1st to 21st December

Contact details for Basingstoke Foodbank Christmas hampers are:
Email: Abigail@comptonburnett.com
Telephone: 07747-111336
Website: <https://www.thebesominbasingstoke.org/foodbankhampers>

- WE HAVE PLENTY OF CEREALS. PLEASE CHOOSE FROM OUR 'SHORT OF LIST
- WE ARE SHORT OF:
 - DRIED MILK POWDER
 - COFFEE (SMALL JARS)
 - INSTANT MASH
 - SAVORY SPREADS
 - TINNED MEAT (HOT. NOT HAM, CORNED BEEF ETC)
 - TINNED FISH
 - TINNED TOMATOES
 - MEAT SUBSTITUTE
 - DESSERTS & PUDDINGS (MICROWAVE)
 - TOILET ROLLS
 - WASHING UP LIQUID

Thank you for your help