

Curriculum Information for the School Website

Subject: Physical Education (PE)

List of TLR Holders and their responsibilities:

Mr Matthew Grigg Head of Department
Miss Kirsty Kent Second in Department

Department aims:

To provide a broad and balanced curriculum that promotes an enjoyment of all sporting activities.

To give students the knowledge and skills to lead a healthy active lifestyle throughout and after life at Robert May's.

To encourage students to take part in a vast array of extra curricular activities and provide the channels for them to progress further in any chosen sport.

Approaches to teaching and learning:

Our aim is to provide a teaching and learning environment that caters for all abilities and learning needs to ensure progress of all students in all sports. All staff are passionate and enthusiastic about all sporting activities and about ensuring the best outcomes for all of their students. Students are encouraged to learn independently to promote key life skills and encourage them to engage in their own progress.

Why the department has adopted this curriculum plan: (Curriculum Intent):

Our curriculum plan includes a wide variety of sports and activities, with the aim of giving all students some form of physical activity that makes them passionate about an aspect of our subject.

Principles of sequencing learning in this subject:

All lessons at key stage 3 provide students with the key knowledge and skills needed to be successful in all activities taught. At key stage 4, core PE, students can choose specific pathways to cater for their enjoyment and success of specific sports. GCSE students are given sample theory lessons during key stage 3 to give them a better understanding of the content taught at GCSE.

Curriculum Outline: (please complete the tables below)

Year 7	Autumn Term	Spring Term	Summer Term
Knowledge taught	Girls - Hockey, Football, Netball, Dance, Badminton, Table Tennis.	Girls - Tag Rugby, Netball, Fitness, OAA, Basketball, Gym. Boys - Football, Rugby,	All - Athletics, Tennis, Rounders, Cricket.

	Boys - Football, Rugby, Hockey, Table Tennis, Badminton, Gym	Hockey, Basketball, Table Tennis, OAA	
Skills taught	Teamwork, tactics, gameplay, rules, coaching, sport specific skills.	Teamwork, tactics, gameplay, rules, coaching, sport specific skills.	Teamwork, tactics, gameplay, field and track events, rules, coaching, sport specific skills.
Assessments	Assessment is continuous and not solely based on level of performance in a game but also attitude, teamwork skills, knowledge of sport and ability to coach peers.	Assessment is continuous and not solely based on level of performance in a game but also attitude, teamwork skills, knowledge of sport and ability to coach peers.	Assessment is continuous and not solely based on level of performance in a game but also attitude, teamwork skills, knowledge of sport and ability to coach peers.

Year 8	Autumn Term	Spring Term	Summer Term
Knowledge taught	Girls - Hockey, Football, Netball, Badminton, Gym, Dance. Boys - Table tennis, Badminton, Volleyball, Football, Hockey, Rugby	Girls - Tag Rugby, Netball, Game choice, Table tennis, Basketball, Fitness. Boys - Netball, Tchukeball, Football, Fitness, Basketball, Table tennis	All - Athletics, Tennis, Rounders, Cricket.
Skills taught	Teamwork, tactics, gameplay, rules, coaching, sport specific skills.	Teamwork, tactics, gameplay, rules, coaching, sport specific skills.	Teamwork, tactics, gameplay, field and track events, rules, coaching, sport specific skills.
Assessments	Assessment is continuous and not solely based on level of performance in a game but also attitude, teamwork skills, knowledge of sport and ability to coach peers.	Assessment is continuous and not solely based on level of performance in a game but also attitude, teamwork skills, knowledge of sport and ability to coach peers.	Assessment is continuous and not solely based on level of performance in a game but also attitude, teamwork skills, knowledge of sport and ability to coach peers.

Year 9	Autumn Term	Spring Term	Summer Term
Knowledge	Girls - Badminton,	Girls - Basketball,	All - Athletics, Tennis,

taught	Table tennis, Dance, Netball, Hockey Football. Boys - Basketball, Volleyball, Table tennis, Football, Rugby, Hockey.	Fitness, Table tennis, Handball, Netball, Tchukeball. Boys - Football, Tchukeball, Handball, Table tennis, Badminton, Fitness.	Rounders, Cricket.
Skills taught	Teamwork, tactics, gameplay, rules, coaching, sport specific skills.	Teamwork, tactics, gameplay, rules, coaching, sport specific skills.	Teamwork, tactics, gameplay, field and track events, rules, coaching, sport specific skills.
Assessments	Assessment is continuous and not solely based on level of performance in a game but also attitude, teamwork skills, knowledge of sport and ability to coach peers.	Assessment is continuous and not solely based on level of performance in a game but also attitude, teamwork skills, knowledge of sport and ability to coach peers.	Assessment is continuous and not solely based on level of performance in a game but also attitude, teamwork skills, knowledge of sport and ability to coach peers.

Year 10 Core	Autumn Term	Spring Term	Summer Term
Knowledge taught	Once learners have reached KS4 they are given more ownership over their PE curriculum. Learners can choose from a variety of options with idea that they can now pick activities in which they get more enjoyment and therefore more likley to continue to take part in further education and later life. Options include all of the activities taught at KS3 plus the introduction of others including Ultimate frisbee, 5-aside football, fussball, indoor hockey to name a few.	Once learners have reached KS4 they are given more ownership over their PE curriculum. Learners can choose from a variety of options with idea that they can now pick activities in which they get more enjoyment and therefore more likley to continue to take part in further education and later life. Options include all of the activities taught at KS3 plus the introduction of others including Ultimate frisbee, 5-aside football, fussball, indoor hockey to name a few.	Once learners have reached KS4 they are given more ownership over their PE curriculum. Learners can choose from a variety of options with idea that they can now pick activities in which they get more enjoyment and therefore more likley to continue to take part in further education and later life. Options include all of the activities taught at KS3 plus the introduction of others including Ultimate frisbee, 5-aside football, fussball, indoor hockey to name a few.

Skills taught	Teamwork, tactics, gameplay, rules, coaching, sport specific skills.	Teamwork, tactics, gameplay, rules, coaching, sport specific skills.	Teamwork, tactics, gameplay, field and track events, rules, coaching, sport specific skills.
Assessments	N/A	N/A	N/A

Year 11 Core	Autumn Term	Spring Term	Summer Term
Knowledge taught	<p>Once learners have reached KS4 they are given more ownership over their PE curriculum. Learners can choose from a variety of options with idea that they can now pick activities in which they get more enjoyment and therefore more likley to continue to take part in further education and later life. Options include all of the activities taught at KS3 plus the introduction of others including Ultimate frisbee, 5-aside football, fussball, indoor hockey to name a few. In addition to this at Yr 11 stage learners have the opportunity to choose an 'off site' option as these lessons are a double period. In the autumn term these options include Fitness Gym visits and Swimming</p>	<p>Once learners have reached KS4 they are given more ownership over their PE curriculum. Learners can choose from a variety of options with idea that they can now pick activities in which they get more enjoyment and therefore more likley to continue to take part in further education and later life. Options include all of the activities taught at KS3 plus the introduction of others including Ultimate frisbee, 5-aside football, fussball, indoor hockey to name a few. In addition to this at Yr 11 stage learners have the opportunity to choose an 'off site' option as these lessons are a double period. In the Spring term these options include Fitness Gym visits and Swimming</p>	<p>Once learners have reached KS4 they are given more ownership over their PE curriculum. Learners can choose from a variety of options with idea that they can now pick activities in which they get more enjoyment and therefore more likley to continue to take part in further education and later life. Options include all of the activities taught at KS3 plus the introduction of others including Ultimate frisbee, 5-aside football, fussball, indoor hockey to name a few. In addition to this at Yr 11 stage learners have the opportunity to choose an 'off site' option as these lessons are a double period. In the summer term these options include Ice skating and Tenpin bowling. These activities are seen as a treat to the learners and give some a more recreational activity to off-set the stress of</p>

			exam season.
Skills taught	Teamwork, tactics, gameplay, rules, coaching, sport specific skills.	Teamwork, tactics, gameplay, rules, coaching, sport specific skills.	Teamwork, tactics, gameplay, field and track events, rules, coaching, sport specific skills.
Assessments	N/A	N/A	N/A

GCSE Syllabus Information:

Year 10	Autumn Term 1	Spring Term 1	Summer Term 1
Knowledge taught	Topic 1: Applied Anatomy and Physiology Practical - Sport 1 (e.g Football/Netball)	Topic 2: Movement Analysis Practical Sport 3	Topic 3: Physical Training Practical Sport 5
Skills taught	Learning and applying knowledge to all sports, exam technique, practical skills to reach potential in sport.	Learning and applying knowledge to all sports, exam technique, practical skills to reach potential in sport.	Learning and applying knowledge to all sports, exam technique, practical skills to reach potential in sport.
Assessments	End of unit test, assessment in sport.	End of unit test, assessment in sport.	End of unit test, assessment in sport.
Year 10	Autumn Term 2	Spring Term 2	Summer Term 2
Knowledge taught	Topic 1: Applied Anatomy and Physiology Practical Sport 2	Topic 2: Movement Analysis Practical Sport 4	Topic 3: Physical Training Practical - Personal Exercise plan

Skills taught	Learning and applying knowledge to all sports, exam technique, practical skills to reach potential in sport.	Learning and applying knowledge to all sports, exam technique, practical skills to reach potential in sport.	Learning and applying knowledge to all sports, exam technique, practical skills to reach potential in sport.
Assessments	End of unit test, assessment in sport.	End of unit test, assessment in sport.	End of unit test, Controlled assessment write up of PEP worth 10% of final grade

Year 11	Autumn Term 1	Spring Term 1	Summer Term 1
Knowledge taught	Paper 2 - Topic 1: Health, Fitness and Well-being. Practical - Moderation preparation	Topic 2: Sport Psychology Practical - Moderation preparation	Topic 4: Use of Data
Skills taught	Learning and applying knowledge to all sports, exam technique, practical skills to reach potential in sport.	Learning and applying knowledge to all sports, exam technique, practical skills to reach potential in sport.	Learning and applying knowledge to all sports, exam technique, practical skills to reach potential in sport.
Assessments	End of unit test, assessment in sport.	End of unit test, assessment in sport.	End of unit test, assessment in sport.
Year 11	Autumn Term 2	Spring Term 2	Summer Term 2
Knowledge taught	Topic 1: Health, Fitness and Well-being Practical - Moderation preparation	Topic 3: Socio-cultural Influences	Exam Preparation
Skills taught	Learning and applying knowledge to all sports, exam technique, practical skills to reach potential in sport.	Learning and applying knowledge to all sports, exam technique, practical skills to reach	Learning and applying knowledge to all sports, exam technique, practical skills to reach

		potential in sport.	potential in sport.
Assessments	End of unit test + PPET, assessment in sport.	End of unit test, assessment in sport.	End of unit test, assessment in sport.

How students will receive feedback to enhance their knowledge and skills: Along with the ongoing feedback that will occur verbally in every lesson, students will receive a formal piece of marking every 4 weeks. Practical lessons will include a wide variety of feedback ranging from video analysis to verbal guidance. For each main test students will receive thorough individual feedback highlighting areas to improve.

Reading List (Key Stage 3):

Reading List (GCSE):

Useful weblinks:

Extracurricular and enrichment: Extracurricular is a huge part of PE at RMS. We run clubs throughout the week and throughout the year. There is a club on every afternoon from 14.30-15.30 an example of our club timetable can be found via this link. https://docs.google.com/document/d/1fD0d4tzmD_Xnro-5anQ-aFmcrRltgU5KVIqmy_ZEBmI/edit

Spiritual, Moral, Social and Cultural opportunities: GCSE topics include Drug use in sport, participation in sport of all ethnicities and backgrounds, Sportsmanship, gamesmanship and deviant behaviour. Practical lessons - all sports provide development of all four areas not only in lessons but during after school clubs and competitive fixtures against schools not only locally but from all over the country.

Character development and British Values opportunities: Through our teaching every sport we try to encourage an enjoyment of all types of physical activity. We aim to develop students character by teaching about cooperation, teamwork, resilience and having the ability to win and lose with dignity. We consistently celebrate success promoting students achievements through a variety of ways such as our 'Heros Board' and our Sports awards night. We regularly use the success of British athletes and sports people to inspire our students.